



Camp Chesterfield

Presents

***“A Sweet Savor: Discover
Everyday Uses of
Aromatherapy and Essential Oils”***

Terri Hanks



Sunday, September 15, 2019

9:00 am - 12:00 pm

Art Gallery East



A Sweet Savor: Discover Everyday Uses of Aromatherapy and Essential Oils

With Terri Hanks

Registration

PLEASE PRINT CLEARLY

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

PHONE _____

E-MAIL _____

Cost: Pre-registration by September 7th - \$30

After September 7th - \$40

Method of Payment:

Cash ____ Check ____ Credit Card ____

Card Number _____

Expiration Date: _____

Make checks payable to: Camp Chesterfield

Mail to: Camp Chesterfield

P.O. Box 132

Chesterfield, IN 46017

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Overview

Aromatherapy has been around since the beginning of time. It has been suggested that God was the first aromatherapist with the creation of the Garden of Eden! This workshop will explore the plants and flowers that are distilled to make Essential Oils used in Aromatherapy. We will also spend time looking at the history of Essential Oils and the geographical areas where many of these plants grow. We will look at some of the Ancient Oils and how they were used in sacred rites and worship and discuss how we can incorporate them today into our own spiritual practices. Finally, a portion of the workshop will be spent with a hands-on activity designed to allow you to create your own personal Aromatherapy product to take home with you.



Terri Hanks has been using and researching Essential Oils and Aromatherapy for many years. She uses Essential Oils in her daily life to improve quality of life for herself and her family, in her daily Spiritual practices and to help others. She was first introduced to the benefits of Essential Oils during her Graduate studies in Speech Communication that focused on Public Speaking. Terri was the Graduate Teaching Assistant who led a program that focused on the alleviation of public speaking anxiety through guided meditation and other non-traditional methods including aroma therapy. Terri holds a B.S. in Communication from the University of Central Missouri with an emphasis in Public Relations and a minor in Speech Communication. Terri and her husband, Mike, live at Historic Camp Chesterfield. She is pursuing Ordination through the IAOS. Terri enjoys working with Essential Oils in conjunction with art work and spends time reading and studying the history of Camp Chesterfield and the mediums who lived and worked there throughout the years.
